**How to Convert Your PowerPoint Presentation Into Video**

While most people know how to use PowerPoint to present their products and services, but few people know how to turn a PowerPoint into a video that runs on its own.

And while that might sound complicated, it’s in fact easy.

After you convert your PowerPoint presentation, you can save it as a video to share with others.

1. Select **File** > **Export** > **Create a video**.
2. Select the quality of the video:
   * **Ultra HD (4K)** - Largest file size and ultra-high quality (3840 x 2160).
   * **Full HD (1080p)** - Large file size and full high quality (1920 x 1080).
   * **HD (720p)** - Medium file size and moderate quality (1280 x 720).
   * **Standard (480p)** - Smallest file size and lowest quality (852 x 480).

**Note:** **Full HD (1080p)**is recommended for most uses.

1. Decide if you want to:
   * **Use Recorded Timings and Narrations**
   * **Don't Use Recorded Timings and Narrations**
2. In the **Seconds spent on each slide box**, select the default time you want to spend on each slide.
3. Select **Create Video**.
4. Enter a file name and then browse to the location you want to save your video.
5. In the **Save As type** box, select if you want to save the video as a **MPEG-4 Video** or **Windows Media Video**.

**Tip:**The **MPEG-4 Video** format is recommended for the best compatibility with video players.

1. Select **Save**. You can watch the progress bar at the bottom of the window to see when it's complete.